

Revalidatie 
Nederland





‘Rehabilitation aims to achieve recovery or improvement in people with long-term physical injury or functional impairment’



What is Revalidatie Nederland?

Revalidatie Nederland is the Netherlands Association for Medical Rehabilitation. It represents the rehabilitation institutions (rehabilitation centres and rehabilitation departments in hospitals) and operates in close collaboration with other organisations in the rehabilitation field. Revalidatie Nederland – formerly known as Vereniging Revalidatie Instellingen in Nederland (VRIN) – was established in 1967. The rehabilitation centres and hospital rehabilitation departments form a network of national coverage, providing care to over 42,500 outpatients and 7,800 in-patients annually. Over 8,700 people are employed in the sector.

What does Revalidatie Nederland stand for?

Revalidatie Nederland has the following 3 core tasks:

- 1 advocacy, aimed at favourable positioning of the sector and societal accountability for its activities
- 2 collective provision of services targeting the fields of research, education, development and quality care, steering, financing, construction and working conditions
- 3 individual provision of services to the members.

Revalidatie Nederland puts this into practice by:

- 1 developing national policy on rehabilitation
- 2 fostering quality development in rehabilitation by evaluating its members and by adding performance indicators and quality profiles to treatment programmes
- 3 promoting scientific research because of the paramount importance of the ongoing development of treatment methods
- 4 promoting education policy, with a view to ensuring an ongoing supply of qualified professionals
- 5 supporting the development and implementation of diagnosis/treatment combinations (DBC's), aimed at facilitating demand driven care and transparency of operational management
- 6 encouraging transparency and benchmarking of care by managing a national rehabilitation databank of patient and institutional data and by producing sector reports and management reports; in this respect, care is taken to ensure privacy
- 7 functioning as an information centre for rehabilitation for national patient organisations, government, insurers, politicians, media and other organisations
- 8 being involved in developments surrounding labour conditions, in order to monitor cost development as well as ensure attractive working circumstances in the field.

In executing these activities close collaboration is maintained with a large number of organisations, particularly the Netherlands Society of Physical and Rehabilitation Medicine (Nederlandse Vereniging van Revalidatieartsen (VRA)), the national patient associations (incl. the Federation of Netherlands Patients and Consumers (NPCF) and the Dutch Council of the Chronically Ill and the Disabled (CG-Raad)), the NVZ Dutch Hospitals Association and the Netherlands Federation of University Medical Centres (NFU).



What is medical rehabilitation?

'Rehabilitation aims to achieve recovery or improvement in people with long-term physical injury or functional impairment.'

Rehabilitation is concerned with complex problems resulting from illness, accidents or birth defects. The indication for treatment is given after referral to a rehabilitation doctor/physiatrist. Rehabilitation medicine is a recognised medical specialty since 1955.

Rehabilitation treatment takes place in rehabilitation institutions, but always in the context of seamless care, in collaboration with hospitals or nursing homes and their professionals, GPs, primary care and home care services. Mytyl schools (for children with a physical handicap) and Tytyl schools (for children with multiple handicaps) also play a part because of the importance of education for children and adolescents who are receiving rehabilitation treatment.

Rehabilitation involves diagnostics, advice, (co)-treatment and aftercare on the following levels:

- simple rehabilitation
- general multidisciplinary rehabilitation
- specialised target-group oriented multidisciplinary rehabilitation
- top specialist rehabilitation.

In the Netherlands, the right to rehabilitation care for publicly insured patients is laid down in the Cure Insurance Act.

What are the relevant core data?

Rehabilitation offers healthcare services:

- **To 42,500 outpatients annually, including 6,755 children and minors aged under 17***
- **To 7,800 in-patients annually, including 363 children and minors aged under 17**
- **Involving an average hospitalisation period of 11 weeks (both children and adults)**
- **Involving an average outpatient treatment period of 12 months for children and minors and 6 months for adults****

The rehabilitation sector employs:

- **Approx. 8,700 employees, including**
- **350 rehabilitation doctors/physiatrists, employed in hospitals and rehabilitation institutions and**
- **among others: 120 specialists in training, 2,000 nurses, 900 physiotherapists, 700 occupational therapists, 385 speech therapists, 265 social workers and 240 psychologists**

The annual budget for the rehabilitation institutions amounts to € 369,000 million.

Source: National Rehabilitation Databank 2005

*) new patients and patients already receiving treatment

***) there is considerable spread per patient, depending on the seriousness of the condition, the development of the child/minor and the existing rehabilitation possibilities



What does rehabilitation mean for the patient?

Rehabilitation aims to achieve maximum independence for the patient, reducing his or her dependence on care (informal care, home care and professional care). Maximum independence implicates, where possible, reintegration into work, education, sports, other hobbies and relationships.

For the patient, rehabilitation means that he or she can function as independently as possible in his or her living circumstances, sports, hobbies and work.

The main conditions or illnesses in which rehabilitation can be offered for children and adults

1. (congenital and acquired) brain damage
2. spinal cord injury
3. other neurological muscular conditions
4. amputations
5. chronic pain
6. orthopaedic and traumatological conditions
7. rheumatic conditions
8. heart and lung illnesses
9. skin conditions (including burns and bed sores)
10. oncological conditions





How is Revalidatie Nederland organised?

Members

Revalidatie Nederland is a national association to which all rehabilitation organisations are affiliated. Membership is also open to associated groups that offer specialised rehabilitation care within another context. The general meeting is the highest decision-making body of the national association.

Board

CEO's and other board members of the rehabilitation institutions plus an independent chairperson form the Board of Revalidatie Nederland. There are Board committees in the areas of: 1) innovation, research and quality 2) information policy 3) steering, financing and construction, and 4) hospital rehabilitation. The association also has several advisory committees and project groups who provide advice to the Board or the Board committees. The level of membership participation is high – among the directors and professionals – in these committees and project groups.

National office

Revalidatie Nederland, the Netherlands Association for Medical Rehabilitation, is supported by a national office, with a staff of ten people under the management of a director. The office provides services and advocacy for its members. It prepares for national consultation, monitors national decision-making and its execution, coordinates national projects and represents the association externally. It is proactive in providing the organisation's members and third parties with knowledge and information.

The national office is situated at Oudlaan 4 in Utrecht.

Where can you find the rehabilitation institutions

1	Haren	Centrum voor Revalidatie - UMCG, locatie Beatrixoord (Rehabilitation Centre of the University Medical Centre Groningen, Beatrixoord location)	+31 (0)50 5338911	www.centrumvoorrevalidatie-umcg.nl
2	Beetsterzwaag	Revalidatie Friesland (Friesland Rehabilitation)	+31 (0)512 389494	www.revalidatie-friesland.nl
3	Zwolle	De Vogellanden, centrum voor revalidatie (De Vogellanden Rehabilitation Centre)	+31 (0)38 4981111	www.vogellanden.nl
4	Enschede	Het Roessingh, centrum voor revalidatie (Het Roessingh Rehabilitation Centre)	+31 (0)53 4875875	www.roessingh.nl
5	Apeldoorn	Kastanjehof, centrum voor revalidatie (Kastanjehof Rehabilitation Centre)	+31 (0)55 5382700	www.kastanjehof.nl
6	Arnhem	Groot Klimmendaal, revalidatie voor kinderen, jongeren en volwassenen (Groot Klimmendaal Rehabilitation for children, adolescents and adults)	+31 (0)26 3526100	www.grootklimmendaal.nl
7	Doorn	Militair Revalidatie Centrum Aardenburg (Aardenburg Military Rehabilitation Centre)	+31 (0)343 598445	www.mrc.nl
8	Utrecht	Revalidatiecentrum De Hoogstraat (De Hoogstraat Rehabilitation Centre)	+31 (0)30 2561211	www.dehoogstraat.nl
9	Huizen	Revalidatiecentrum De Trappenberg (De Trappenberg Rehabilitation Centre)	+31 (0)35 6929600	www.trappenberg.nl
10	Amsterdam	Revalidatiecentrum Amsterdam (Amsterdam Rehabilitation Centre)	+31 (0)20 6071607	www.rcamsterdam.nl
11	Amsterdam	Jan van Breemen Instituut (Jan van Breemen Institute)	+31 (0)20 5896589	www.janvanbreemen.nl
12	Wijk aan Zee	Stichting Heliomare (Heliomare Foundation)	+31 (0)251 288222	www.heliomare.nl
13	Leiden	Rijnlands Revalidatie Centrum (Rijnlands Rehabilitation Centre)	+31 (0)71 5195195	www.rrc.nl
14	Den Haag	Sophia Revalidatie (Sophia Rehabilitation)	+31 (0)70 3593593	www.sophiarevalidatie.nl
15	Rotterdam	Rotterdamse Stichting voor Cardiologische Revalidatie (Rotterdam Foundation for Cardiological Rehabilitation)	+31 (0)10 4366988	www.rscr.nl
16	Rotterdam	Rijndam revalidatiecentrum (Rijndam Rehabilitation Centre)	+31 (0)10 2412412	www.rijndam.nl
17	Dordrecht	Revalidatiecentrum De Waarden (De Waarden Rehabilitation Centre)	+31 (0)78 6523000	www.rcdewaarden.nl
18	Goes	Stichting Revalidatiegeneeskunde Zeeland (Zeeland Foundation for Rehabilitation Medicine)	+31 (0)113 236236	www.rgz.nl
19	Breda	Stichting Revalidatiecentrum Breda (Breda Rehabilitation Centre Foundation)	+31 (0)76 5331700	www.rcbreda.nl
20	Tilburg	Revalidatiecentrum Leijpark, onderdeel van de Libra Zorggroep (Leijpark Rehabilitation Centre, part of the Libra Care Group)	+31 (0)13 5398539	www.rcleijpark.nl
21	Eindhoven	Revalidatiecentrum Blixembosch, onderdeel van de Libra Zorggroep (Blixembosch Rehabilitation Centre, part of the Libra Care Group)	+31 (0)40 2642742	www.blixembosch.nl
22	's-Hertogenbosch	Revalidatiecentrum Tolbrug (Tolbrug Rehabilitation Centre)	+31 (0)73 6992028	www.tolbrug.nl
23	Nijmegen	Revalidatiecentrum van de Sint Maartenskliniek (Sint Maartenskliniek Rehabilitation Centre)	+31 (0)24 3659911	www.maartenskliniek.nl
24	Hoensbroek	Stichting Revalidatie Limburg (Limburg Rehabilitation Foundation)	+31 (0)45 5282828	www.srl.nl

- Rehabilitation Centre HQ
- Hospital providing rehabilitation on an outpatient or consultation basis (Source: VRA)

How can you reach the Netherlands Association for Medical Rehabilitation?

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